Federal Bureau of Prisons National Certified Food Specifications January 8, 2009

No.	Description	Unit of Issue
1	Kosher Parve - 14 ounce Fish Fillet Meal consisting of: - 4 ounce-weight Fish Fillet cut from solid muscle fillet block pollack, whiting, flounder, cod, tilapia: or other white fish flesh fillet - 2 ounce-weight Tomato Sauce - 4 ounce-weight White Rice - 4 ounce-weight Mature Lima Beans * Each meal must conform to all Statement of Work Requirements.	EA
2	Kosher Meat - 18 Ounce Beans and Franks Meal consisting of: - Beans and Franks entree made from: - 4 ounce Beef Franks or Cocktail Franks no artificial colors, no soy protein - 8 ounce-weight Vegetarian Beans w/Tomato Sauce - 6 ounce-weight Diced Potatoes * Each meal must conform to all Statement of Work Requirements.	EA
3	Kosher Meat - 16 ounce Chicken Patty Meal consisting of: - 4 ounce-weight Chicken Patty made from chunked and formed dark or white meat in any proportion (not from mechanically de-boned meat), Breaded (Combined breading and added ingredients may not exceed 35% including no more than 5% soy used as a stabilizer) - 2 ounce-weight Chicken Gravy - 6 ounce-weight Mashed Potatoes - 4 ounce-weight Mixed Vegetables * Each meal must conform to all Statement of Work Requirements.	EA
4	Kosher Meat - 18 ounce Chicken Wing Meal consisting of: - 6 ounce-weight Chicken Wings with skin and bones - 2 ounce-weight Buffalo Sauce - 6 ounce-weight Mashed Potatoes - 4 ounce-weight Sweet Peas * Each meal must conform to all Statement of Work Requirements.	EA

5	Kosher Meat - 20 Ounce Chicken Cacciatore Meal consisting of: -Chicken Cacciatore made from: - 4 ounce-weight Breaded Chicken Nuggets made from chunked and formed dark or white meat in any proportion (not from mechanically de-boned meat), Breaded (Combined breading and added ingredients may not exceed 35% including no more than 5% soy used as a stabilizer) - 4 ounce-weight Tomato Sauce - 4 ounce-weight Diced Tomatoes - 1/2 ounce-weight Mushrooms - 1/2 ounce-weight diced Onion, Garlic, spices and vegetable oil - 3 ounce-weight Pasta Macaroni - 4 ounce-weight Sliced or Diced Carrots * Each meal must conform to all Statement of Work Requirements.	EA
6	Kosher Meat - 20 Ounce Chicken Chow Mein Meal consisting of: - Chicken Chow Mein entree made from: - 4 ounce-weight Breaded Chicken Nuggets made from chunked and formed dark or white meat in any proportion (not from mechanically de-boned meat), Breaded (Combined breading and added ingredients may not exceed 35% including no more than 5% soy used as a stabilizer) - 6 ounce-weight Gravy thickened w/corn starch - 1 ounce-weight Celery, Bell Pepper and Onion - 2 ounce-weight Green Beans - 3.5 ounce-weight White Rice - 3.5 ounce-weight Sweet Peas and Carrots * Each meal must conform to all Statement of Work Requirements.	EA
7	Kosher Meat - 16 Ounce Turkey Cutlet Meal consisting of: - 4 ounce-weight Turkey Cutlet made from chunked and formed dark or white meat in any proportion (not from mechanically de-boned meat), Breaded (Combined breading and added ingredients may not exceed 35% including no more than 5% soy used as a stabilizer) - 2 ounce-weight Gravy - 6 ounce-weight Mashed Potatoes - 4 ounce-weight Mixed Vegetables * Each meal must conform to all Statement of Work Requirements	EA
8	Kosher Meat - 16 Ounce Meatloaf Meal consisting of: - 4 ounce-weight Meatloaf (made with ground beef with not more than: 20% fat; 20% added ingredients; no soy protein) - 2 ounce-weight Brown Gravy - 6 ounce-weight Mashed Potatoes - 4 ounce-weight Mixed Vegetables * Each meal must conform to all Statement of Work Requirements	EA

9	Kosher Meat - 16 Ounce Salisbury Steak Meal consisting of: - 4 ounce-weight Salisbury Steak (made with ground beef with not more than: 20% fat; 20% added ingredients; no soy protein allowed) - 2 ounce-weight Brown Gravy - 6 ounce-weight Mashed Potatoes - 4 ounce-weight Mature Lima Beans * Each meal must conform to all Statement of Work Requirements	EA
10	Kosher Meat - 20 Ounce Spaghetti and Meatballs Meal consisting of: -Spaghetti and meatballs entree made from: - 4 ounce-weight cooked Beef Meatballs (made with ground beef with not more than: 20% fat; 20% added ingredients; no soy protein) - 5 ounce-weight Spaghetti Pasta - 3 ounce-weight Tomato Sauce - 8 ounce-weight Sweet Peas * Each meal must conform to all Statement of Work Requirements	EA
11	Kosher Parve - 13 Ounce Vegetable Protein Cutlet Meal consisting of: - 3.6 ounce-weight (minimum) Vegetable Protein Cutlet. Product not to exceed 260 mg sodium, must have a minimum of 12g protein and not less than 5g of dietary fiber. (Must use soy protein concentrate for at least 70% of the protein requirement) Product must be coated with batter mix or bread crumbs not to exceed 30% of total weight. - 2 ounce-weight Mushroom Gravy - 3.4 ounce-weight White Rice - 4 ounce-weight Lima Beans * Each meal must conform to all Statement of Work Requirements	EA
12	Kosher Parve - 16 Ounce Vegetable Protein Stuffed Cabbage Roll Meal consisting of: - 6 ounce-weight Vegetable Protein Stuffed Cabbage (not to exceed 270 mg. sodium & not less than 13g of protein. (Must use soy protein concentrate for at least 70% of the protein requirement) - 2 ounce-weight Tomato Gravy - 4 ounce-weight Parsley Potatoes - 4 ounce-weight Mixed Vegetables * Each meal must conform to all Statement of Work Requirements	EA
13	Kosher Parve - 19 Ounce Vegetable Protein Chili Meal consisting of: - Vegetable Protein Chili made from: - 4 ounce-weight Textured Soy Protein concentrate seasoned to resemble ground beef. - 3.5 ounce-weight Kidney Beans - 4 ounce-weight Crushed Tomatoes, Onions, spices and stabilizers as required to maintain taste and consistency - 3.5 ounce-weight White Rice - 4 ounce-weight Mixed Vegetables * Each meal must conform to all Statement of Work Requirements	EA

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14	Kosher Dairy - 7 Ounce Cheese Omelet Meal consisting of: - 3 ounce-weight Plain Egg Omelet - 1 ounce cheese - 3 ounce-weight Potatoes * Each meal must conform to all Statement of Work Requirements	EA
15	Kosher Dairy - 7 Ounce Spanish Omelet Meal consisting of: - 3 ounce-weight Plain Egg Omelet - 1 ounce Spanish Sauce - 3 ounce Potatoes * Each meal must conform to all Statement of Work Requirements	EA
16	Kosher Bologna Luncheon Meat (chicken or turkey), Frozen, 4 Ounce multiple slice portion, Wrapped in Sealed Plastic. * Each individual package must be marked with the kosher certification hechsher.	EA
17	Kosher Tuna, Chunk Light in water, Individual 4.23 oz foil pack , 48 Packs per case. * Each individual package must be marked with the kosher certification hechsher.	EA
18	Kosher Sardines in Soybean Oil, Individual 3.53 oz foil pack, 24 packs per case. * Each individual package must be marked with the kosher certification hechsher.	EA
19	Kosher Cereal, Bran Flakes, 7/8 Ounce Individual Bowl Pack, 96 Bowls Per Case. * Each individual package must be marked with the kosher certification hechsher.	CS
20	Kosher Grits, Instant, Plain, Individual 1 ounce Package, 12 Packages Per Box, 12 Boxes Per Case. * Each individual package must be marked with the kosher certification hechsher.	CS
21	Kosher Oatmeal, Instant, Plain, Individual 1 ounce Package, 12 Packages Per Box, 12 Boxes Per Case. * Each individual package must be marked with the kosher certification hechsher.	CS
22	Kosher Farina, Instant, Plain, Individual 1 ounce Package, 12 Packages Per Box, 12 Boxes Per Case. * Each individual package must be marked with the kosher certification hechsher.	CS
23	Kosher Bread, Whole Wheat, 1 pound Loaf, Certified Kosher Parve, First ingredient on label must be Whole Wheat Flour, See Delivery Schedule	LF
24	Kosher Potato Chips, Individual 1 Ounce Sealed Individual Package, Certified Kosher Parve, 36 Containers Per Case, See Delivery Schedule. * Each individual package must be marked with the kosher certification hechsher.	CS

25	Kosher Vegetable Juice, 5.5 fluid Ounce Sealed Can, Easy Open Top, Made from juices of tomato, carrots, celery, beets, parsley, lettuce, watercress, and spinach, V8 or Equal, Certified Kosher Parve, 6 cans Per Pack, 8 Packs per Case. * Each individual package must be marked with the kosher certification hechsher.	cs
26	Kosher Margarine, ½ Ounce Sealed Individual Package, Shelf Stable, Certified Kosher Parve, 200 packages per Case. * Each individual package must be marked with the kosher certification hechsher.	CS
27	Kosher Dressing, Salad, 9 Gram Individual Packet, 200 Packets per case, Certified Kosher Parve, CID A-A-20140C, Type II, Style A. * Each individual package must be marked with the kosher certification hechsher.	CS
28	Kosher Tartar Sauce, Individual Packet, 9 Gram Individual Packet, 200 per Case, Certified Kosher Parve, CID A-A 20140, Type III, Style A. * Each individual package must be marked with the kosher certification hechsher.	CS
29	Kosher Tomato Catsup, Individual 7 Gram Packet, 1000 Packets per Case, Certified Kosher Parve, U.S. Grade A, U.S. Standards for Grades. * Each individual package must be marked with the kosher certification hechsher.	CS
30	Kosher Mustard, Prepared, Yellow (Salad Style), 4.5 Gram Individual Packet, Certified Kosher Parve, 500 Packets per case, CID A-A20036C, Type I. * Each individual package must be marked with the kosher certification hechsher.	CS
31	Kosher Jelly, Grape Flavor, 10 Gram Individually Sealed Portion, Certified Kosher Parve, 200 Packages per case, CID A-A-20078B, Type II, Style 1. * Each individual package must be marked with the kosher certification hechsher.	CS
32	Kosher Peanut Butter, Regular, Stabilized, Non-fortified, 2 Ounce Individual Packets, 100 Packerts Per Case, Certified Kosher Parve, CID A-A20328A, Style I, Class A, Texture 1, Type A. * Each individual package must be marked with the kosher certification hechsher.	CS
33	Kosher Coffee, Instant, Individual Serving Packet, Each Packets Makes 1 - 8 Ounce Serving When Reconstituted, Certified Kosher, 1000 Packets Per Case. * Each individual package must be marked with the kosher certification hechsher.	CS
34	Kosher Fruit Flavored Drink Powder, Individual Serving Packet, Each Packets Makes 1 - 8 Ounce Serving When Reconstituted, Certified Kosher Parve, 2000 Packets Per Case. * Each individual package must be marked with the kosher certification hechsher.	CS
35	Kosher Instant Milk, Individual Serving Packet, Each Packets Makes 1 - 8 Ounce Serving When Reconstituted, Certified Kosher, 2000 Packets Per Case. * Each individual package must be marked with the kosher certification hechsher.	CS